

Sandra J. German

I am a certified Life Coach & Image Consultant. I am the founder and creator of Skin Deep Life Coaching and Image Consulting; a concept which was birthed from my ability to move individuals to the next level. My mission is to help teen girls and woman with discovering their passion and true beauty from the inside out.

I earned my Bachelor's Degree in Social Work from Temple University and I have worked in the field of Social Work for over 25 years. Through my professional experience, I have developed a love for helping people and making them feel good. Helping people has been the driving force of my current inspiration to become a Life Coach. I have assisted countless individuals with being able to overcome barriers in their personal and professional lives.

Image Consulting came about through my obsession with the fashion industry. The saying, "You look good, you feel good" has been my life's motto. After countless requests from family and friends I decided to challenge myself to expand my knowledge to help others who may be feeling stuck. My own life can best be described as a never ending roller coaster ride, with many ups and downs, twist and turns but I have always managed to persevere. It is my mission that Skin Deep will provide that same motivation to help propel individuals beyond their obstacles into their destiny by maximizing their full potential!

I reside in New Jersey and I am a proud mother of a son named Jules German.